

# JULY CLASSES

## **Please read carefully.**

Hello,

We hope this letter finds you well.

Enclosed you will find the latest timetable of activities for July 2024. We will be taking bookings for these activities via phone call or email from **11.30am** on **Monday 24<sup>th</sup> June**. Please do not phone us to try booking before this date and time. You will find our contact number and email address on the front page of your timetable.

**Due to the volume of new referrals coming through, we are piloting a new booking system for all attendees. You will now only be able to book onto one social day (Tuesday or Thursday) and two classes per week (Not including WEA, Bishop college or external tutors). This is so we can give new attendees a fair chance of booking onto sessions.**

**We Please ask that you pay a £1 attendance fee per session, your attendance fee goes back into the Centre and helps towards cost of materials and use of our tea and coffee facilities situated in our craft room. Your contribution is much appreciated.**

Please turn up to your class **on time** especially if you are already on the premises, unless you have called to say you are running late. **Do not eat food or leave to go for a cigarette during classes**, this can be very disruptive for other attendees and the instructor. You are all given a **15-minute break halfway through your classes** to eat, make a beverage and smoke.

If you are booked onto any class and cannot make it for whatever reason you must call the centre to inform us of this as early as possible, so that we can offer the space to somebody else. **you still need to book to attend Social Days** as well as regular craft classes, to guarantee you have a seat.

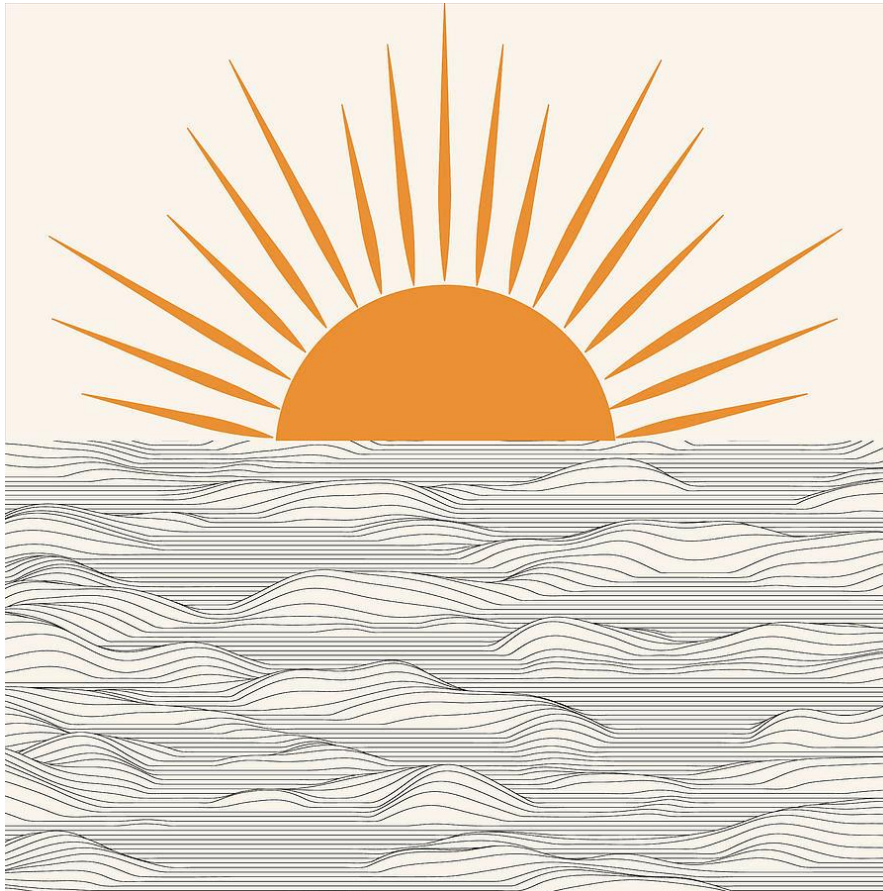
We look forward to seeing you.

Warmest wishes from all the staff at St. Margarets Centre.

# JULY CLASSES

# JULY CLASSES

To Book Classes Call: **0191 384 8100** or Email: [enquiries@stmargaretscentre.co.uk](mailto:enquiries@stmargaretscentre.co.uk)  
(There is an **attendance fee of £1 per session**)



## **MONDAY 1<sup>ST</sup> JULY**

*Afternoon –*

### **Chatty Café Drop In – 1pm – 2pm – John (Volunteer) – (The Old School Café)**

- Are you feeling isolated and in need of a little chat and some friendly company? Then we welcome you to pop into The Old School Café, where one of our lovely volunteers will be there waiting. This is not counselling session, but a safe space where you can have a lovely chit chat or maybe play some board games. Hopefully this little drop in will leave you feeling a little brighter.

### **Afternoon Bingo! – 1.30pm – 3.30pm – Host; Sean (Craft Room – Max 14ppl)**

- An afternoon for socialising and fun! Your host Sean will be entertaining you with a regular game of Bingo and an exciting bonus game of Musical Alphabet Bingo. You will all receive 1 free ticket (Full Strip) to play with, and one sheet of song titles for the musical bonus game. With prizes to be won!

### **Spanish Lessons - 1.30pm - 3.30pm - Ignacio – WEA - (Final Session)**

# JULY CLASSES

**(You may book more than one Social Day this week)**

## **TUESDAY 2<sup>ND</sup> JULY**

*Morning -*

### **Social Day – 9.30am – 4pm – (Craft Room - Max. 20ppl)**

- A day for social interaction and a safe place to get on with any hobbies you may have e.g., Painting, drawing, writing, jigsaws, crosswords, knitting. Or just enjoy a nice little chin wag with a cuppa. We encourage you to bring your own projects to get on with if you would like to keep yourself busy, but we have an array of arts and crafts materials to get you inspired. **You must still book a slot on any social day you wish to attend, to secure a seat.**

### **Lino Printing – 10am – 12pm – Jayne Liddle – WEA – (Continued – Week 4)**

### **Gardening Group – 10am – 12pm – Sandra (Volunteer) – (Meet in Craft Room)**

- You will help with a little weeding, potting plants, and bulbs, watering flowers and assisting with the maintenance of our flower beds, lawns, and hedges. Outdoor activities are proven to help with wellbeing and mental health, so come and potter about, breathe in the fresh air and absorb some of that all-important Vitamin D.

*Afternoon –*

### **Meditation & Mindfulness Course - 1.15pm - 3.30pm – Margaret - (Continued - Week 12)**

### **“Knit Happens”- 1.30pm – 3.30pm - Gail (Volunteer) - (The Old School Café)**

- Our “Knit Happens” sessions are for new and experienced knitters alike. Feel free to bring your own knitting projects or simply turn up without so much as a knitting needle where we will help you to begin knitting squares to make into a blanket. No experience is required to join, and equally, accomplished Knitters are welcome too. These sessions will be held every week in our Café situated on the ground floor of our Centre. **You will still need to book onto these sessions as there is limited space.**

# JULY CLASSES

## **WEDNESDAY 3<sup>RD</sup> JULY**

*Morning –*

**Social Day – 10am – 3.30pm – (Craft Room)**

**Horticulture Group – 10am – 12pm – Joy - (Volunteer) - (Allotments)**

- You will assist in the general upkeep of our allotment, helping with digging, planting fresh bulbs, weeding, and maintaining the grounds. You will help grow fresh produce such as fruit, vegetables, and herbs as well as growing flowers, whilst learning new skills as you go. Outdoor activities are proven to help with wellbeing and mental health, so come and potter about, breathe in the fresh air and absorb some of that all-important Vitamin D.

**Hot Air Balloon Décor (2 Weeks) - 1.15pm - 3.30pm - Kirsty (Volunteer) - (Rm.2 - Max.8ppl)**

- In this fun and crafty workshop, you will be creating your own hot air balloons to hang in the home. You will be using inflated balloons wrapped in Paper Mache to form the top half of your hot air balloon. During the drying period you will continue by making your basket from a fabric wrapped LED Tealight hung from string. The following week you will paint or decoupage your balloon in your own unique way then finally you will construct your hot air balloon. You must be able to attend both sessions when booking this class as there is drying time in between. If you book onto this course, please pop the following session in your diaries.

## **THURSDAY 4<sup>TH</sup> JULY**

**(Busy Day)**

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room & Room 2, AM only - Max. 28ppl)**

- A day for social interaction and a safe place to get on with any hobbies you may have e.g., Painting, drawing, writing, jigsaws, crosswords, knitting. Or just enjoy a nice little chin wag with a cuppa. We encourage you to bring your own projects to get on with if you would like to keep yourself busy, but we have an array of arts and crafts materials to get you inspired. **You must still book a slot on any social day you wish to attend, to secure a seat.**

*Afternoon -*

**“Crafternoon” Jewellery Workshop - 1pm - 3pm – Janet & Pam - (Continued - Week 5)**

# JULY CLASSES

## **FRIDAY 5<sup>TH</sup> JULY**

**(Very busy day)**

*Morning –*

### **Watercolour Whitby – 10am – 12pm – Olwyn – (Craft Room - Max. 14ppl)**

- In this class you will be given an A3 simple line illustration of stunning Whitby, looking over the rooftops towards the Abbey. You will be shown how to delicately paint the scene to capture the sunlight and shadows on the buildings, which will transform your painting and give it that professional edge!

*Afternoon –*

### **Botanical Drawing - 1.15pm - 3.30pm - Olwyn - (Room 2 - Max. 8ppl)**

- Now that summers on the way, why not spend a relaxing couple of hours listening to a woodland soundtrack whilst drawing organic items taking from nature. We will use a combination of pencil, Fineliners and watercolours to try and capture the wonder of the natural world.

### **Walking Group – 1.30pm – 3.30pm – Nicola – (Meet in The Old School Café)**

- We will adventure out into our wonderful City, exploring the ‘nooks & crannies’ of Durham. This is a nice relaxed paced walk, with only slight inclines and as few stairs as possible (but to be expected in “Hilly” Durham) The walks are weather permitted, you will be contacted by lunchtime if the walk has been cancelled due to adverse conditions. **Please bring your own water/juice bottle to hydrate or purchase a drink from our Café and wear appropriate footwear and clothing. Waterproofs and umbrellas are good to bring along, in case of a downpour whilst out on the walk or Sunscreen if it is a warm, sunny day.**

### **NEW! Textiles “Victorian Sewing Boxes” (5-Weeks) - 1.30pm - 3.30pm – Meg, Alison & Gail (Volunteers) - (Craft Room - Max.7ppl)**

- In this course you will be creating your very own sewing box, inspired by an antique box from the victorian era. You will use stiff board to create your box structure, then this will be wrapped/sewn in a choice of beautiful fabrics, and embellishments may be added. **Please bring with you, 20 Clothes Pegs or Fabric Clips.** **If you book onto this course, pop the following 4 Fridays in your diary. It is very important you turn up to your first session, with the first session being the most informative.**

# JULY CLASSES

## MONDAY 8<sup>TH</sup> JULY

*Afternoon -*

**Chatty Café Drop In – 1pm – 2pm – John (Volunteer) – (The Old School Café)**

- Are you feeling isolated and in need of a little chat and some friendly company? Then we welcome you to pop into The Old School Café, where one of our lovely volunteers will be there waiting. This is not counselling session, but a safe space where you can have a lovely chit chat or maybe play some board games. Hopefully this little drop in will leave you feeling a little brighter.

 **Watercolour Whitby - 1.15pm - 3.30pm - Olwyn – (Craft Room – Max.14ppl)**

## TUESDAY 9<sup>TH</sup> JULY

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room – Max. 20ppl)**

**Lino Printing – 10am – 12pm – Jayne – WEA – (Continued – Week 5)**

**Gardening Group – 10am – 12pm – Sandra (Volunteer) - (Meet in Craft Room)**

*Afternoon –*

**Meditation & Mindfulness - 1.15pm - 3.30pm - Margaret - (Final Session)**

**“Knit Happens” – 1.30pm – 3.30pm – Gail (Volunteer) – (The Old School Café)**

# JULY CLASSES

## WEDNESDAY 10<sup>TH</sup> JULY

*Morning –*

### **Copperplate Calligraphy (3 weeks) – 10am – 12pm – Olwyn – (Craft Room – Max. 14ppl)**

- This age-old form of hand lettering is a difficult skill to master, however many find it a relaxing and diversional class as it takes concentration and focus, which can in turn, relax the mind. It's always fun to try your hand at a new skill, and even better with the support of a tutor who will help guide you. It can be very rewarding and something you can take away and use in your free time, writing cards, gift tags and more. **If you book onto this course, please pop the following 2 weeks in your diaries.**

### **Horticulture Group – 10am – 12pm – Joy - (Volunteer) - (Allotments)**

*Afternoon –*

### **Beginners Recorder Group (4 weeks) - 1.15pm - 3.30pm - Olwyn - (Room 2 - Max. 9ppl)**

- Throughout this course you will learn how to read music notation and rhythm, using a recorder as an instrument to play as we learn. This can be an empowering experience as many people assume they are not capable of reading music and playing an instrument. This course aims to prove that it is entirely possible and extremely fun! **If you book onto this course, please pop the following 3 weeks in your diaries.**

### **Hot Air Balloon Décor - 1.15pm - 3.30pm - Kirsty (Volunteer) - (Final Session - Craft Room)**

## THURSDAY 11<sup>TH</sup> JULY

**(Busy day)**

*Morning –*

### **Social Day - 9.30am - 4pm - (Craft Room - Max. 20ppl & Room 2, AM only Max. 8ppl)**

*Afternoon –*

### **“Crafternoon” Jewellery Workshop - 1pm - 3pm - Janet & Pam – (Continued - Week 6)**



# JULY CLASSES

## **FRIDAY 12<sup>TH</sup> JULY**

**(Very busy day)**

*Morning –*

### **Glass Pebble Gift Tags – 10am – 12pm – Olwyn – (Craft Room - Max.14ppl)**

- This is a fun craft using small glass pebbles as a pretty feature to attach to any gift. We will place miniature images/illustrations underneath the glass pebbles, which creates a magnifying effect making your image pop! This is a simple and relaxing class giving you the opportunity to socialise and meet new people whilst doing something fun and crafty.

*Afternoon –*

### **Leather Turtle Coasters - 1.15pm - 3.30pm - Olwyn (Room 2 - Max. 8ppl)**

- Using scraps of leather we will create a turtle shaped coaster, by assembling hexagonal shapes to form a shell. These make a lovely gift for someone as they come in their own gift bag – *Important, you need to be able to cut through slightly tough leather with scissors.*

**-No Walking Group Today-**


**Textiles “Victorian Sewing Boxes” - 1.30pm - 3.30pm – Meg, Alison & Gail -  
(Continued - Week 2)**

# JULY CLASSES

## MONDAY 15<sup>TH</sup> JULY

*Afternoon –*

**Chatty Café Drop In – 1pm – 2pm – John (Volunteer) – (The Old School Café)**

 **Gatefold Greetings Card - 1.15pm - 3.30pm - Olwyn – (Craft Room - Max. 14ppl)**

- These cards are fun to make and can look very professional too. They open at the front using two gate-like folds and can be decorated using colourful/patterned paper and embellishments to create your own unique greetings card.

## TUESDAY 16<sup>TH</sup> JULY

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room – Max. 20ppl)**

**Lino Printing – 10am – 12pm – Jayne Liddle – WEA – (Final Session)**


**Gardening Group – 10am – 12pm – Sandra (Volunteer) – (Meet in Craft Room)**

*Afternoon –*

**“Knit Happens” – 1.30pm – 3.30pm – Gail (Volunteer) - (The Old School Café)**

## WEDNESDAY 17<sup>TH</sup> JULY

*Morning –*

 **Copperplate Calligraphy - 10am – 12pm – Olwyn – (Continued - Week 2)**

**Horticulture Group – 10am – 12pm – Joy (Volunteer) - (Allotments)**

*Afternoon –*

**Beginners Recorder Group - 1.15pm - 3.30pm - Olwyn - (Continued - Week 2)**

# JULY CLASSES

## **THURSDAY 18<sup>TH</sup> JULY**

**(Busy day)**

*All day –*

**Social Day - 9.30am - 4pm - (Craft Room & Room 2 - AM only)**

*Afternoon –*

**“Crafternoon” Jewellery Workshop - 1pm - 3pm - Janet & Pam - (Continued - Week 7)**

## **FRIDAY 19<sup>TH</sup> JULY**

**(Very busy day)**

*Morning –*

**Drawing With Pastels - 10am - 12pm - Olwyn (Craft Room - Max. 14ppl)**

- This is a very popular class, due to its sensory experience. You will build and layer colours using beautiful, soft and velvety chalk pastels, which you will then blend using your fingers giving your lovely illustration/landscape an ethereal, hazy finish.

*Afternoon –*

**Zentangle “Interlocking Doodles” - 1.15pm - 3.30pm - Olwyn (Room 2 – Max. 8ppl)**

- You may have already tried the therapeutic art of ‘Zentangle’ before. This class, however, involves drawing more intricate doodles, which look almost like ‘Celtic knots’. They may look complicated at first glance but when you break them down into easy steps, it can be a fun and playful experience.

**-No Walking Group Today-**


**Textiles “Victorian Sewing Boxes” - 1.30pm - 3.30pm – Meg, Alison, Gail - (Continued - Week 3)**

# JULY CLASSES

## MONDAY 22<sup>ND</sup> JULY

*Afternoon –*

**Chatty Café Drop In – 1pm – 2pm – John – Volunteer – (The Old School Café)**

 **Stained Glass Windows – 1.15pm – 3.30pm – Olwyn (Craft Room – Max. 14ppl)**

- We will use Prismacolour coloured pencils to shade sections of a stained glass window illustration. You will use your pencils to blend from light to dark, this will give the window a realistic light filled effect. A relaxing and therapeutic class, and your work will be turned into a lovely greetings card at the end.

## TUESDAY 23<sup>RD</sup> JULY

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room – Max. 20.ppl)**

**Gardening Group – 10am – 12pm – Sandra (Volunteer) – (Meet in Craft Room)**

*Afternoon –*

**“Knit Happens” – 1.30pm – 3.30pm – Gail (volunteer) - (The Old School Café)**

## WEDNESDAY 24<sup>TH</sup> JULY

*Morning –*

 **Copperplate Calligraphy – 9.30am – 4pm – Olwyn - (Final Session)**

**Horticulture Group – 10am – 12pm – Joy - (Volunteer) - (Allotments)**

*Afternoon –*

**Beginners Recorder Group - 1.15pm - 3.30pm - Olwyn - (Continued - Week 3)**

# JULY CLASSES

## THURSDAY 25<sup>TH</sup> JULY

**(Busy day)**

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room & Room 2, AM only)**

*Afternoon-*

**“Crafternoon” Jewellery Workshop -1pm - 3pm - Janet & Pam - (Final Session)**

## FRIDAY 26<sup>TH</sup> JULY

**(Very busy day)**

*Morning –*

**Leather Turtle Coasters – 10am – 12pm – Olwyn - (Craft Room - Max. 14ppl)**

*Afternoon –*

**Gatefold Greetings Card - 1.15pm - 3.30pm - Olwyn - (Room 2 - Max. 8ppl)**

**Walking Group - 1.30pm - 3pm - Nicola (Meet in The Old School Café - Max.6ppl)**

**Textiles “Victorian Sewing Boxes” - 1.30pm - 3.30pm - Meg, Alison, Gail -  
(Continued - Week 4)**

# JULY CLASSES

## MONDAY 29<sup>TH</sup> JULY

*Afternoon –*

**Chatty Café Drop In – 1pm – 2pm – John – Volunteer – (The Old School Café)**

 **Botanical Drawing – 1.15pm – 3.30pm – Olwyn (Craft Room - Max. 14ppl)**

## TUESDAY 30<sup>TH</sup> JULY

*Morning –*

**Social Day – 9.30am – 4pm – (Craft Room – Max. - 20ppl)**

**Gardening Group – 10am – 12pm – Sandra (Volunteer) – (Meet in Craft Room)**

*Afternoon –*

**“Knit Happens” – 1.30pm – 3.30pm – Gail (volunteer) - (The Old School Café)**

## WEDNESDAY 31<sup>ST</sup> JULY

*Morning –*

**Glass Pebble Gift Tags – 10am – 12pm – Olwyn – (Craft Room - Max. 14ppl)**

**Horticulture Group – 10am – 12pm – Joy - (Volunteer) - (Allotments)**

*Afternoon –*

**Beginners Recorder Group - 1.15pm - 3.30pm - Olwyn - (Final Sessions)**

# JULY CLASSES

## THURSDAY 1<sup>ST</sup> AUGUST

(Busy day)

*All Day –*

**Social Day – 9.30am – 4pm – (Craft Room & Room 2, AM only)**

## FRIDAY 2<sup>ND</sup> AUGUST

(Very busy day)

*Morning –*


**Stained Glass Windows – 10am – 12pm – Olwyn - (Craft Room - Max. 14ppl)**

*Afternoon –*

**Watercolour Whitby - 1.15pm - 3.30pm - Olwyn - (Room 2 - Max. 8ppl)**

**Walking Group - 1.30pm - 3pm - Nicola (Meet in The Old School Café - Max.6ppl)**

**Textiles “Victorian Sewing Boxes” - 1.30pm - 3.30pm - Meg, Alison, Gail - (Final Session)**

**Classes with this symbol -  are dedicated, quieter sessions. Anybody can join them, but they are designed to be inclusive of neurodivergent individuals who may struggle to access our standard sessions.**

**(Up to a Maximum of 20ppl in our Craft Room and 8ppl in Room 2)**